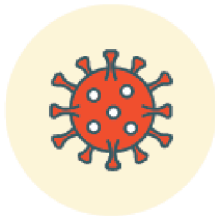


TAKE CARE, TEXAS
**VACCINATE AND GET
TESTED FOR COVID-19.**

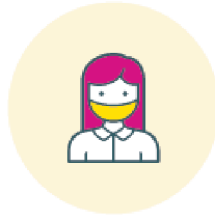


HELP STOP THE SPREAD

You can spread COVID-19 to your loved ones, even if you're vaccinated or feel fine.



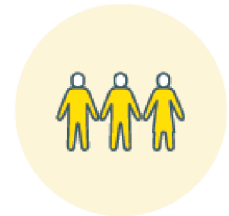
**Stay up to date with
your COVID-19
vaccines by getting
the updated vaccine,
even if you've had
COVID-19**



**Wear a mask
around others if
you've been
exposed to COVID-19
and monitor your
symptoms**



**Go to a COVID-19
testing site or
take a home test
5 days after
exposure**



**If you test
positive, isolate
for 5 days and
notify your close
contacts**

Based on CDC guidelines from 7/17/2023

FIND LOCAL COVID-19 RESOURCES NEAR YOU

For helpful resources on COVID-19 testing, local vaccination clinics, and ways to protect yourself and others, follow us on social media and visit our website at TakeCareTexas.org.



  **@TakeCareHouston**

Facebook.com/TakeCareHouston

TakeCareTexas.org

COMMUNITY RESOURCES

FOOD

The Houston Food Bank

bit.ly/foodbanktx
(832) 369-9390

Text "FOOD" to
877-877 to find food
distribution centers

Harvest

**Intercontinental
Church - Houston**
16727 Farm to Market
Rd 529, Houston, TX
77095
(281) 855-8155

Cy-Fair Helping Hands

7520 Cherry Park Dr
Suite B, Houston, TX
77095
(281) 858-1222

EMPLOYMENT

**Texas Unemployment
Benefits**

bit.ly/ue-benefits
1-800-939-6631

GENERAL RESOURCES

**211 Texas
Assistance Resources**
Dial 211
211.org

**Harris County
Public Health**
(832) 927-8787
vacstrac.hctx.net/landing

FINANCIAL ASSISTANCE

Your Texas Benefits
yourtexasbenefits.com
1-877-541-7905

FREE COVID-19 VACCINES

Vaccines.gov
1-800-232-0233

Text your zip code to
438-829 to find a free
COVID-19 vaccine near
you

**Spring Branch
Community Health
Center**
(713) 462-6565

**Harris County Public
Health**
(832) 927-8787

UT Physicians
(888) 488-3627

**Houston Health
Department**
(832) 393-4220



Scan this QR code
using your phone's
camera to access
more resources
available in your
community.

**My name is _____,
please call me at _____
with your questions or concerns
about COVID-19.**



FOLLOW US ONLINE

@TakeCareHouston • Facebook.com/TakeCareHouston
TakeCareTexas.Org • COVID.gov

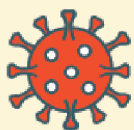
UTHealth Houston
School of Public Health

TAKE CARE, TEXAS
VACÚNATE Y HÁGASE
LA PRUEBA DEL COVID-19.



AYÚDANOS A DETENER LOS CONTAGIOS

Puedes contagiar de COVID-19 a tus seres queridos incluso si no tienes síntomas y ya te vacunaste.



Mantente al día con tus vacunas COVID-19. Vacúnate con la vacuna actualizada, aun si ya has tenido COVID-19.



Usa mascarilla cuando estés con otras personas si has estado expuesto al COVID-19 y está al pendiente de los síntomas.



Ve a un módulo de pruebas COVID-19, o hazte una prueba casera, 5 días después de haber estado expuesto.



Si tu prueba es positiva, aíslate por 5 días y avisa a tus contactos cercanos.

Basado en los lineamientos de los CDC 7/13/2023

BUSCA RECURSOS LOCALES PARA COVID-19 CERCA DE TI

Para obtener recursos utiles sobre el COVID-19, pruebas de deteccion, clinicas locales de vacunacion y maneras de proteccion, siguenos en nuestras redes sociales o visita nuestro sitio web TakeCareTexas.org.



@TakeCareHouston

Facebook.com/TakeCareHouston

TakeCareTexas.org

RECURSOS COMUNITARIOS

ALIMENTOS

The Houston Food Bank
bit.ly/foodbanktx
(832) 369-9390

Envíe un mensaje de texto con la palabra "FOOD" al 877-877 para encontrar centros de distribución de alimentos

Harvest Intercontinental Church - Houston
16727 Farm to Market Rd 529, Houston, TX 77095
(281) 855-8155

Cy-Fair Helping Hands
7520 Cherry Park Dr Suite B, Houston, TX 77095
(281) 858-1222

EMPLEO

Texas Unemployment Benefits
bit.ly/ue-benefits
1-800-939-6631

RECURSOS GENERALES

211 Texas Assistance Resources
Dial 211
211.org

Harris County Public Health
(832) 927-8787
vacstrac.hctx.net/landing

APOYO ECONÓMICO

Your Texas Benefits
yourtexasbenefits.com
1-877-541-7905

VACUNAS DE COVID-19 GRATUITAS

Vaccines.gov
1-800-232-0233

Envíe un mensaje de texto con su código postal al 438-829 para encontrar una vacuna de COVID-19 gratuita cerca de usted

Spring Branch Community Health Center
(713) 462-6565

Harris County Public Health
(832) 927-8787

UT Physicians
(888) 488-3627

Houston Health Department
(832) 393-4220



Escanee este código QR usando la cámara de su teléfono para acceder a más recursos disponibles en su comunidad.

**Mi nombre es _____,
llámame al _____
con sus preguntas o preocupaciones
sobre COVID-19.**

   **SÍGUENOS EN NUESTRAS REDES SOCIALES**

@TakeCareHouston • Facebook.com/TakeCareHouston
TakeCareTexas.Org • COVID.gov

 **UTHealth Houston**
School of Public Health