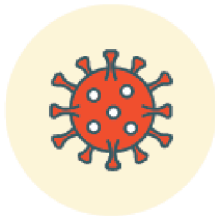


**TAKE CARE, TEXAS**  
**VACCINATE AND GET  
TESTED FOR COVID-19.**

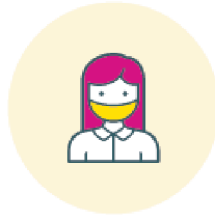


## **HELP STOP THE SPREAD**

**You can spread COVID-19 to your loved ones, even if you're vaccinated or feel fine.**



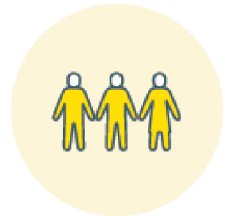
**Stay up to date with  
your COVID-19  
vaccines by getting  
the updated vaccine,  
even if you've had  
COVID-19**



**Wear a mask  
around others if  
you've been  
exposed to COVID-19  
and monitor your  
symptoms**



**Go to a COVID-19  
testing site or  
take a home test  
5 days after  
exposure**



**If you test  
positive, isolate  
for 5 days and  
notify your close  
contacts**

Based on CDC guidelines from 7/17/2023

## **FIND LOCAL COVID-19 RESOURCES NEAR YOU**

For helpful resources on COVID-19 testing, local vaccination clinics, and ways to protect yourself and others, follow us on social media and visit our website at [TakeCareTexas.org](https://TakeCareTexas.org).



  **@TakeCareHouston**

**[Facebook.com/TakeCareHouston](https://Facebook.com/TakeCareHouston)**

**[TakeCareTexas.org](https://TakeCareTexas.org)**

# COMMUNITY RESOURCES

## FOOD

### The Houston Food Bank

bit.ly/foodbanktx  
(832) 369-9390

Text "FOOD" to  
877-877 to find food  
distribution centers

### St. Pius V Catholic Church

824 Main St, Pasadena,  
TX 77506  
(713) 473-9484

### The Salvation Army

East Harris County  
2732 Cherry Brook Ln,  
Pasadena, TX 77502  
(713) 378-0020

### Sunset United Methodist Church

709 Allendale Rd,  
Pasadena, TX 77502  
(713) 473-7657

## EMPLOYMENT

### Texas Unemployment Benefits

bit.ly/ue-benefits  
1-800-939-6631

## GENERAL RESOURCES

### 211 Texas Assistance Resources

Dial 211  
211.org

### Harris County Public Health

(832) 927-8787  
vacstrac.hctx.net/landing

## FINANCIAL ASSISTANCE

Your Texas Benefits  
yourtexasbenefits.com  
1-877-541-7905

## FREE COVID-19 VACCINES

Vaccines.gov  
1-800-232-0233

Text your zip code to  
438-829 to find a free  
COVID-19 vaccine near  
you

### Spring Branch Community Health Center

(713) 462-6565

### Harris County Public Health

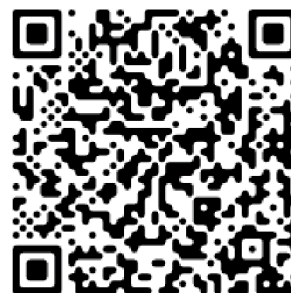
(832) 927-8787

### UT Physicians

(888) 488-3627

### Houston Health Department

(832) 393-4220



Scan this QR code  
using your phone's  
camera to access  
more resources  
available in your  
community.

**My name is \_\_\_\_\_,  
please call me at \_\_\_\_\_  
with your questions or concerns  
about COVID-19.**



**FOLLOW US ONLINE**

@TakeCareHouston • Facebook.com/TakeCareHouston  
TakeCareTexas.Org • COVID.gov

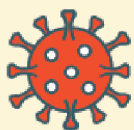
**UTHealth Houston**  
School of Public Health

**TAKE CARE, TEXAS**  
**VACÚNATE Y HÁGASE**  
**LA PRUEBA DEL COVID-19.**



## **AYÚDANOS A DETENER LOS CONTAGIOS**

**Puedes contagiar de COVID-19 a tus seres queridos incluso si no tienes síntomas y ya te vacunaste.**



**Mantente al día con tus vacunas COVID-19. Vacúnate con la vacuna actualizada, aun si ya has tenido COVID-19.**



**Usa mascarilla cuando estés con otras personas si has estado expuesto al COVID-19 y está al pendiente de los síntomas.**



**Ve a un módulo de pruebas COVID-19, o hazte una prueba casera, 5 días después de haber estado expuesto.**



**Si tu prueba es positiva, aíslate por 5 días y avisa a tus contactos cercanos.**

Basado en los lineamientos de los CDC 7/13/2023

## **BUSCA RECURSOS LOCALES PARA COVID-19 CERCA DE TI**

Para obtener recursos utiles sobre el COVID-19, pruebas de deteccion, clinicas locales de vacunacion y maneras de proteccion, siguenos en nuestras redes sociales o visita nuestro sitio web [TakeCareTexas.org](https://TakeCareTexas.org).



**@TakeCareHouston**  
**Facebook.com/TakeCareHouston**  
**TakeCareTexas.org**

# RECURSOS COMUNITARIOS

## ALIMENTOS

### The Houston Food Bank

bit.ly/foodbanktx  
(832) 369-9390

Envíe un mensaje de texto con la palabra "FOOD" al 877-877 para encontrar centros de distribución de alimentos

### St. Pius V Catholic Church

824 Main St, Pasadena, TX 77506  
(713) 473-9484

### The Salvation Army

East Harris County  
2732 Cherry Brook Ln,  
Pasadena, TX 77502  
(713) 378-0020

### Sunset United

Methodist Church  
709 Allendale Rd,  
Pasadena, TX 77502  
(713) 473-7657

## EMPLEO

### Texas Unemployment Benefits

bit.ly/ue-benefits  
1-800-939-6631

## RECURSOS GENERALES

### 211 Texas

#### Assistance Resources

Dial 211  
211.org

### Harris County Public Health

(832) 927-8787  
vacstrac.hctx.net/landing

## APOYO ECONÓMICO

### Your Texas Benefits

yourtexasbenefits.com  
1-877-541-7905

## VACUNAS DE COVID-19 GRATUITAS

### Vaccines.gov

1-800-232-0233

Envíe un mensaje de texto con su código postal al 438-829 para encontrar una vacuna de COVID-19 gratuita cerca de usted

### Spring Branch Community Health Center

(713) 462-6565

### Harris County Public Health

(832) 927-8787

### UT Physicians

(888) 488-3627

### Houston Health Department

(832) 393-4220



Escanee este código QR usando la cámara de su teléfono para acceder a más recursos disponibles en su comunidad.

**Mi nombre es \_\_\_\_\_,**  
**llámame al \_\_\_\_\_**  
**con sus preguntas o preocupaciones**  
**sobre COVID-19.**

   **SÍGUENOS EN NUESTRAS REDES SOCIALES**

@TakeCareHouston • Facebook.com/TakeCareHouston  
TakeCareTexas.Org • COVID.gov

 **UTHealth Houston**  
School of Public Health